

OUR TOP TIPS TO PREPARE FOR TRIAD SEASON

Using energy during Triad periods can add thousands to your energy bills - and as energy prices are already hitting record highs, it's never been more important to ensure you're prepared for Triad season.

Here are our top tips for Triad avoidance this winter...

1 Focus on energy efficiency



Triad costs are based on the amount of energy you use during the three Triad periods. So if you can reduce your overall energy consumption, then you should be able to reduce your Triad costs as a result.

If your business is required to comply with ESOS or SECR, review your latest report for ideas on how to improve your organisation's energy efficiency.

What are Triads?

Triads are the three half-hourly settlement periods in which system demand is highest between November and February. There must be 10 consecutive days between each Triad, and the Triad periods are officially confirmed by National Grid in March.

2 Shift your consumption



Triads typically occur between 4.30pm - 6.30pm on weekdays, so if your business can **shift its energy consumption** outside of this peak demand period, you may be able to effectively avoid Triads.

Even if you can't shift all of your consumption, if you can reduce your consumption during this time by any amount then you can reduce your Triad costs.

Did you know?

Last winter, the three Triad periods occurred on:

- Monday 7 December 2020
5pm-5.30pm
- Thursday 7 January 2021
5.30pm-6pm
- Wednesday 10 February 2021
6pm-6.30pm

3 Change to on-site generation



If you have a generation asset within your business, **switching to** on-site generation during these periods could also help you to avoid Triads.

It's also worth installing battery storage if you have renewable generation assets installed, as renewable generation can be intermittent. With a battery on-site, you can store the energy generated by your asset for use during peak demand periods.

TCR set to end Triads

While this winter was set to be the last year for the Triad scheme, Ofgem are currently consulting on whether to extend the scheme for another year. Triads are now set to end after winter 2022/23 - read our blog to find out how to prepare your business.

4 Sign up for Triad alerts



Our energy specialists monitor key signals to **provide our customers with advance warning** of when a Triad is likely to occur, so they can shift or reduce their consumption or switch to on-site generation.

Last year, Inspired Energy's Triad experts notified our Triad Alert customers of all three Triad periods, so if you're looking to keep your Triad costs down this winter, sign up for our Triad Alerts [here](#).